

EVERGREEN NUTRITION

FERNE GLASER - R.N.C.P.
NUTRITION - WELLNESS CONSULTANT
www.evergreennutrition.ca



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THE "BLUE LADDIE" COCKTAIL



3 ounces single malt scotch
3 ounces Hpnotiq liqueur
2 teaspoons freshly squeezed lemon juice
Lemon twist to garnish

In a cocktail shaker, combine scotch, Hpnotiq and lemon juice with ice. Shake well. Strain into a large martini glass. Garnish with lemon twist.

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The tasting panel